

## A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a "sinking" feeling during later afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## Taylor's of Harrogate Tea Selection

*\*Served with semi-skimmed milk (kcal 20)*

### Traditional English Breakfast\*

A golden, well-rounded cup of tea created to ease you gently into the day

### Earl Grey\*

A light, floral tea, perfectly combining Chinese black loose leaf with wonderfully citrusy bergamot flavours

### Pure Assam\*

A smooth, rich, full-bodied tea with a lasting flavour

### Taylor's Tea Room Blend\*

A Taylor's' signature tea, using top quality teas from India and Africa. Full-bodied and deeply satisfying.

### Lapsang Souchong\*

A tea with a uniquely deep, rich and smoky flavour

### Afternoon Darjeeling\*

A light, golden tea with a subtle, delicate flavour likened to muscatel grapes

### Green Tea

An excellent digestive after a meal, this tea has a light refreshing flavour

### Fruit Infusions

Freshly brewed rich aroma Arabica Cafetiere coffee, served with semi skimmed milk (kcal 36)

## AFTERNOON TEA MENU

*Available daily from 12 noon to 5pm*

## CRATHORNE HALL

HOTEL  
YARM, NORTH YORKSHIRE



## Traditional Afternoon Tea

Smoked Scottish salmon,  
crème fraiche, wholemeal bread

Yorkshire ham, whole grain mustard  
mayonnaise, wholemeal bread

Cucumber, cream cheese,  
farmhouse white (v)

Free-range egg, cress,  
mayonnaise, farmhouse white (v)

Homemade pork and apple sausage roll

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Warm home-baked trio of scones  
Plain, fruit and orange

Homemade jam and lemon curd  
Devonshire clotted cream

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Lemon cheesecake  
Raspberry tartlet  
Elderflower macaron  
Black Forest gâteau  
Mini pavlova

**£35.50 per person**  
(kcal 1,751)

## Champagne or Prosecco Afternoon Tea

For the height of decadence, add a chilled glass of  
Champagne or Prosecco (175ml) to your  
Traditional Afternoon Tea order

### Champagne Afternoon Tea

Served with 125ml glass of  
Bruno Paillard, Premier Cuvee, Champagne, France  
Crisp with fine bubbles and toasty, brioche base notes  
**£48.50 per person**

### English Sparkling Wine Afternoon Tea

Served with 125ml glass of Fitz, Sussex, England  
A prosecco-style sparkler.  
**£44.50 per person**

## Children's Afternoon Tea

A half portion of all our delicious treats suitable for  
our younger guests. 24-hour pre-booking required.  
**£17.75 per child**

## Cream Tea

Your choice of loose leaf tea or cafetière coffee  
served with warm home-baked sultana or plain  
scone with plum jam, apple and meadowsweet  
compote and Devonshire clotted cream

**£14 per person**

(kcal 700)