

Spa Treatment Menu



*Hand*PICKED
— HEALTH CLUBS & SPAS —

Face

Touch Facials:

ELEMIS and [comfort zone] treatments use touch as a powerful diagnostic tool. The products are applied using a combination of ancient and modern massage techniques from around the world.

Anti-Ageing Facials

[comfort zone] Sublime Skin Deluxe Lift Facial	70 minutes	£121
[comfort zone] Sublime Skin Active Lift Facial	55 minutes	£95
[comfort zone] Sublime Skin Double Peel Facial	55 minutes	£95
[comfort zone] Luminant - 3 Bright Facial	55 minutes	£95
ELEMIS Pro-Glow Smooth Facial	55 minutes	£95

Skin Specific/Prescriptive Facials

[comfort zone] Hydra Glow Facial	55 minutes	£95
[comfort zone] Remedy Facial	55 minutes	£95
ELEMIS Pro-Glow Brilliance Facial	55 minutes	£95
ELEMIS Pro-Glow Resurface Facial	55 minutes	£95
ELEMIS Pro-Glow Renewal Facial	55 minutes	£95
ELEMIS Pro-Glow Express Facial	25 minutes	£65

Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Smooth Facial+	55 minutes	£95
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Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+	55 minutes	£95
ELEMIS Biotec Pro Glow Resurface Facial+	55 minutes	£95

Massage

OTO CBD Sleep Soundly Massage	85 minutes	£150
OTO CBD Wellbeing Massage	70 minutes	£121
ELEMIS Freestyle Deep Tissue Massage	55 minutes	£95
[comfort zone] Aromasoul Elements Massage	55 minutes	£95
[comfort zone] Tranquillity Pro-Sleep Ritual	55 minutes	£95
[comfort zone] Back Ritual	55 minutes	£95
Traditional Full Body Massage	55 minutes	£95
OTO CBD Express Bamboo Back, Neck & Shoulder Massage	25 minutes	£75
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£65
Traditional Back Neck & Shoulder Massage	25 minutes	£65

Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£105
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Speciality

Reflexology	40 minutes	£80
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Combination Treatments

Full Body Massage & Luxury Facial Combo	115 minutes	£172
Facial & Back Neck, Shoulder Massage Combo	85 minutes	£150
Full Body Massage & Express Facial Combo	85 minutes	£150
Face & Body Combo Treatment	55 minutes	£95
Body Scrub & Massage Combo Treatment	55 minutes	£95
Massage & Shape and Polish Combo Treatment	55 minutes	£95
Fingers and Toes Combo Treatment	55 minutes	£68

Body: Rituals, Scrubs & Wraps

[comfort zone] Tranquillity Pro-Sleep Ritual	55 minutes	£95
[comfort zone] Himalayan Salt Ritual	55 minutes	£95
ELEMIS Frangipani Body Nectar Nourishing Wrap	55 minutes	£95
OTO CBD Body Jam Ritual	25 minutes	£75
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 minutes	£65
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 minutes	£65

Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£95
ELEMIS Pregnancy Facial	55 minutes	£95

Suitable for all mothers-to-be from 13 weeks of pregnancy

Hands & Feet

Luxury Pedicure	70 minutes	£65
Classic Pedicure	55 minutes	£60
Luxury Manicure	55 minutes	£60
Classic Manicure	40 minutes	£55
Shape and Polish for Toes	25 minutes	£35
Shape and Polish for Fingers	25 minutes	£35

Please bring open toe shoes to wear after your pedicure

Gel Nails

GEL Removal and Pedicure*	70 minutes	£70
GEL Removal and Manicure*	70 minutes	£70
GEL Pedicure	55 minutes	£65
GEL Manicure	40 minutes	£60
GEL Shape and Polish	25 minutes	£40
GEL Removal*	25 minutes	£20

*Removal of Mii Gel Nails only

Make Up

Wedding Make-up	55 minutes	£70
Wedding Make-up Trial	55 minutes	£70

Terms and conditions. Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

All prices include VAT at 20% and may be subject to change.

handpickedhotels.co.uk/spa-termsandconditions

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