



SPA TREATMENTS

FERMAIN VALLEY
HOTEL

If you are currently staying with us and wish to book a treatment, please call extension number 166 from your bedroom and we would be happy to assist you.

Face

Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

Anti-Ageing Facials

ELEMIS EXPERT™ Touch Renew Facial	55 mins	£90
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Skin Solutions Facials

(Tailored by your therapist)

ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£90
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£90
ELEMIS EXPERT™ Touch Express Facial	25 mins	£60

ENVIRON Essentials Facials

Environ's pioneering dual electro-sonic technology sets the benchmark for professional skin care treatments. Low-frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting difference to your skin, for life.

ENVIRON Essential Moisture Boost Facial	85 mins	£130
ENVIRON Essential Comfort Calm Facial	55 mins	£90
ENVIRON Essential Radiance Reveal Facial	55 mins	£90

*Environ do not test on animals and are cruelty-free. Please inform us if you would like only vegan-friendly products to be used during your facial.

Dermalux LED Light Therapy Facials

Dermalux LED phototherapy is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skin's natural rejuvenation and repair processes without pain or downtime.

Personalised Facial with Dermalux LED Light Therapy	55 mins	£90
Dermalux LED Light Therapy Only	30 mins	£60

Massage

Full Body, Face & Scalp Massage	70 mins	£110
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	70 mins	£110
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	55 mins	£90
Traditional Full Body Massage	55 mins	£90
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	25 mins	£60
Traditional Back Neck & Shoulder Massage	25 mins	£60

Heat Treatments

Lava Shell Relax Massage	55 mins	£105
Lava Shell Relax Back Massage	25 mins	£75

Body/Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£165
The Tree House Spa Signature Combo Treatment (Back brushing, back scrub, back massage and personalised facial)	85 mins	£130
Luxury Facial & Back, Neck, Shoulder Massage Combo	85 mins	£130
Full Body Massage & Express Facial Combo	85 mins	£130
Face & Body Combo	55 mins	£90

Pregnancy

Pregnancy Massage	55 mins	£90
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*Suitable for all mothers-to-be from 13 weeks of pregnancy.

Hands & Feet

Tree House Classic Pedicure	55 mins	£55
Tree House Classic Manicure	40 mins	£50
UPGRADE Luxury Manicure - Hydrating Hand Mask with Heated Mitts (additional to cost of treatment)	15 mins	£20
UPGRADE Luxury Pedicure - Hydrating Foot Mask with Heated Booties (additional to cost of treatment)	15 mins	£20

Varnish Only

Varnish only	15 mins	£20
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*(Nail preparation must be completed pre-appointment). Please bring open-toe shoes to wear after your pedicure.

Gel Nails

GEL Pedicure	55 mins	£60
GEL Manicure	55 mins	£55
GEL Removal	25 mins	£20

*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.

For terms and conditions, opening times, cancellation policy and other useful information visit handpickedhotels.co.uk/spa-termsandconditions

All prices may be subject to change.

Fermain Valley Hotel

handpickedhotels.co.uk/fermainvalley

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*Hand*PICKED
HOTELS