

# Spa Treatment Menu

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*Hand*PICKED  
— HEALTH CLUBS & SPAS —

## Face

### Touch Facials:

ELEMIS and Comfort Zone hands-on facial treatments use touch as a powerful diagnostic tool, product is applied using a combination of ancient and modern massage techniques from around the world.

### Anti-Ageing Touch Facials

[comfort zone] Sublime Skin Deluxe Lift Facial	70 minutes	£125
ELEMIS Pro-Glow Genius Facial	70 minutes	£125
[comfort zone] Sublime Skin Active Lift Facial	55 minutes	£100
[comfort zone] Sublime Skin Double Peel Facial	55 minutes	£100
ELEMIS EXPERT™ Touch Define Facial	55 minutes	£100
ELEMIS EXPERT™ Touch Renew Facial	55 minutes	£100

### Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Hydra Glow Facial	55 minutes	£100
ELEMIS EXPERT™ Touch Nourish Facial	55 minutes	£100
ELEMIS EXPERT™ Touch Reveal Facial	55 minutes	£100
ELEMIS EXPERT™ Express Facia	25 minutes	£65

### Technology Facials:

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy.

### Anti-Ageing Technology Facials

ELEMIS Biotec Pro-Glow Genius Facial+	70 minutes	£125
ELEMIS Biotec Pro-Glow Smooth Facial+	55 minutes	£100

### Skin Specific/Prescriptive Technology Facials

ELEMIS Biotec Pro Glow Brilliance Facial+	55 minutes	£100
ELEMIS Biotec Pro Glow Resurface Facial+	55 minutes	£100

## Massage

[comfort zone] Body Active Massage	70 minutes	£125
[comfort zone] Aromasoul Elements Massage	55 minutes	£100
ELEMIS Freestyle Deep Tissue Massage	55 minutes	£100
Traditional Full Body Massage	55 minutes	£100
ELEMIS Freestyle Deep Tissue Massage	40 minutes	£85
ELEMIS Freestyle Deep Tissue Massage	25 minutes	£65
Traditional Back Neck & Shoulder Massage	25 minutes	£65

## Heat Treatments

ELEMIS Deeper than Deep Hot Stone Massage	55 minutes	£110
ELEMIS Deeper than Deep Hot Stone Massage	40 minutes	£95

## Combination Treatments

Full Body Massage & Luxury Facial Combo	115 minutes	£185
Luxury Facial & Back Neck & Shoulder Massage Combo	85 minutes	£155
Full Body Massage & Express Facial Combo	85 minutes	£155
Face & Body Combo Treatment	55 minutes	£100
Body Scrub & Massage Combo Treatment	55 minutes	£100
Massage & Shape & Polish Combo Treatment	55 minutes	£100
Fingers & Toes Combo Treatment	55 minutes	£68

## Body: Rituals, Scrubs & Wraps

[comfort zone] Himalayan Salt Ritual	55 minutes	£100
ELEMIS Frangipani Body Nectar Nourishing Wrap	55 minutes	£100
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 minutes	£65
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 minutes	£65

## Pregnancy

ELEMIS Peaceful Pregnancy Massage	55 minutes	£100
ELEMIS Pregnancy Facial	55 minutes	£100

*Suitable for all mothers-to-be from 13 weeks of pregnancy*

## Speciality Treatments

Reiki	55 minutes	£100
Reflexology	40 minutes	£85
Indian Head Massage	25 minutes	£65

## Hands & Feet

Luxury Pedicure	70 minutes	£70
Classic Pedicure	55 minutes	£60
Luxury Manicure	55 minutes	£60
Classic Manicure	55 minutes	£55
Shape & Polish for Toes	25 minutes	£35
Shape and Polish for Fingers	25 minutes	£35

*Please bring open toe shoes to wear after your pedicure.*

## Gel Nails

GEL Removal & Pedicure*	70 minutes	£75
GEL Removal & Manicure*	70 minutes	£70
GEL Pedicure	55 minutes	£65
GEL Manicure	55 minutes	£60
GEL Removal*	30 minutes	£35

*\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking.*

**Terms and conditions.** Please visit our website for further information on: Hand Picked spa booking terms and conditions. Opening and closing times. How to book and methods of payment. Cancellation policy. Health guidelines.

[handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

All prices may be subject to change.

All prices include GST at 5% and may be subject to change.

**L'Horizon Beach Hotel and Spa** La Route de la Baie, Jersey, JE3 8EF.

01534 494433 or 01534 743101

Central Reservations 01642 706634

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HOTELS