SPA TREATMENTS



If you are currently staying with us and wish to book a treatment, please call extension number 479 from your bedroom and we would be happy to assist you.

Touch Facials:

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

Anti-Ageing Facials

Anti-Ageing Facials			
ishga Facial	55 mins	£95	
ELEMIS EXPERT™ Touch Renew Facial	55 mins	£95	
ishga Express Facial	25 mins	£60	
Skin Specic/Prescriptive Facials			
(Tailored by your therapist)			
ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£95	
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£95	
ELEMIS EXPERT™ Touch Express Facial	25 mins	£60	
Massage			
ELEMIS EXPERT™	70 mins	£119	
Deep Tissue Tension-Ease Massage			
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	55 mins	£95	
Traditional Full Body Massage	55 mins	£95	
ishga Invigorating Massage	55 mins	£95	
ELEMIS EXPERT™	25 mins	£60	
Deep Tissue Tension-Ease Massage	20	200	
Traditional Back Neck & Shoulder Massage	25 mins	£60	
ishga Express Massage	25mins	£60	
Heat Treatments			
ishga Hot Poultice Massage	55 mins	£105	
ELEMIS EXPERT™	55 mins	£105	
Transformative Hot Stone Massage			
ELEMIS EXPERT™ Transformative Hot Stone Massage	40 mins	£88	
Combination Treatments			

Full Body Massage & Luxury Facial Combo	115 mins	£173
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£144
Full Body Massage & Express Facial Combo	85 mins	£144
Body Scrub & Massage Combo	55 mins	£95
Massage & Shape and Polish Combo	55 mins	£95
ishga Face & Body Combo	55 mins	£95
Fingers and Toes Combo	55 mins	£68

Body: Rituals Scrubs & Wraps

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[comfort zone] Himalayan Salt Ritual	55 mins	£95
ishga Marine Experience	55 mins	£95
ishga Seaweed Body Wrap	55 mins	£95
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£60
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£60
ishga Salt and Oil Scrub	25 mins	£60
Pregnancy		
ishga Mother to be Pregnancy Massage	70 mins	£119
*includes 10 mins for relaxation and recuperation		
Elemis Pregnancy Facial	55 mins	£95
*Suitable for all mothers-to-be from 13 weeks of pregnancy		
ELEMIS EXPERT [™] Peaceful Pregnancy Massage	56 mins	£95
*includes 10 mins for relaxation and recuperation		
Speciality Treatments		
ishga Touch Therapy (inc 10 mins consultation)	70 mins	£95
Reflexology	55 mins	£95
Reflexology Bamboo Massage	55 mins 55 mins	£95 £95
Bamboo Massage	55 mins	£95
Bamboo Massage Indian Head Massage	55 mins 40 mins	£95 £78
Bamboo Massage Indian Head Massage	55 mins 40 mins	£95 £78
Bamboo Massage Indian Head Massage Rasul Mud Chamber	55 mins 40 mins	£95 £78
Bamboo Massage Indian Head Massage Rasul Mud Chamber Hands & Feet	55 mins 40 mins 40 mins	£95 £78 £45
Bamboo Massage Indian Head Massage Rasul Mud Chamber Hands & Feet ishga Luxurious Seaweed Hand Experience	55 mins 40 mins 40 mins 55 mins	£95 £78 £45 £90
Bamboo Massage Indian Head Massage Rasul Mud Chamber Hands & Feet ishga Luxurious Seaweed Hand Experience ishga Luxurious Seaweed Foot Experience	55 mins 40 mins 40 mins 55 mins 55 mins	£95 £78 £45 £90 £90
Bamboo Massage Indian Head Massage Rasul Mud Chamber Hands & Feet ishga Luxurious Seaweed Hand Experience ishga Luxurious Seaweed Foot Experience Luxury Pedicure	55 mins 40 mins 40 mins 55 mins 55 mins 70 mins	£95 £78 £45 £90 £90 £55
Bamboo Massage Indian Head Massage Rasul Mud Chamber Hands & Feet ishga Luxurious Seaweed Hand Experience ishga Luxurious Seaweed Foot Experience Luxury Pedicure Classic Pedicure	55 mins 40 mins 40 mins 55 mins 55 mins 70 mins 55 mins	£95 £78 £45 £90 £90 £55 £50

*Please bring open toe shoes to wear after your pedicure

Shape and Polish for Fingers

Geleration Nails

GEL Removal and Pedicure	70 mins	£65
GEL Removal and Manicure	70 mins	£60
GEL Pedicure	55 mins	£55
GEL Manicure	40 mins	£50
GEL Removal	25 mins	£20
		200

*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking

For terms and conditions, opening times, cancellation policy and other useful information visit handpickedhotels.co.uk/spa-termsandconditions All prices include VAT at 20% and may be subject to change.

Norton House Hotel & Spa handpickedhotels.co.uk/nortonhouse

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25 mins £35