

# Spa Brochure

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NUTFIELD PRIORY

HOTEL & SPA  
NUTFIELD, SURREY



The tranquil surroundings of **The Spa at Nutfield Priory Hotel** create an environment in which to completely revive the mind and body. Inside, contemporary design and a choice of luxurious treatments will leave you in a state of pure relaxation. Unwind with us.

#### **Facilities at a glance**

9 Treatment rooms

Amber spa lounge & relaxation room

Indoor swimming pool

Spa pool

Steam room

Sauna

Gym

Squash Court

Outside training zone

Spinning Studio

Functional training zone

Group exercise class timetable





## Residential Spa Breaks

Whether it is with close friends and family or you would simply enjoy some time to yourself, get away from it all with a dedicated spa break – a true indulgence.

### Sumptuous Spa Break

For a really special experience enjoy a one night stay with dinner and breakfast included, plus a 55 minute treatment and either afternoon tea or a two course spa lunch.

#### Choose from:

- Luxury Facial
- Full Body Massage
- Face and Body Combo (express facial + back, neck and shoulder massage)
- Classic Pedicure
- Luxury Manicure
- Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)
- Pregnancy Facial
- Pregnancy Massage

Plus, either afternoon tea or a two course spa lunch

#### Monday to Sunday from £283.50 per person\*

Treatment Duration: 55 minutes\*\*

Available Monday - Sunday subject to availability

\*Price based on two people sharing a Classic double or twin bedroom.

Single occupancy supplements apply

\*\*Treatment time includes spa consultation, & treatment

### Captivating Spa Break

Switch off and relax with a one night stay including breakfast and an indulgent 55 minute treatment.

#### Choose from:

- Luxury Facial
- Full Body Massage
- Face and Body Combo (express facial + back, neck and shoulder massage)
- Classic Pedicure
- Luxury Manicure
- Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)
- Pregnancy Facial
- Pregnancy Massage

#### Monday to Sunday from £217.50 per person\*

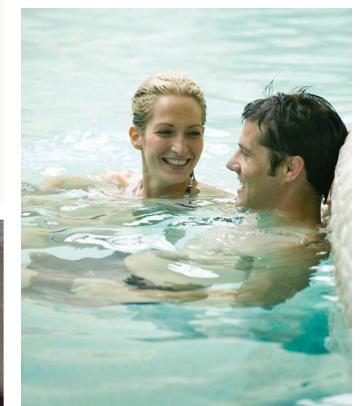
Treatment Duration: 55 minutes\*\*

Available Monday - Sunday subject to availability

\*Price based on two people sharing a Classic double or twin bedroom.

Single occupancy supplements apply

\*\*Treatment time includes spa consultation, & treatment



## Residential Spa Breaks

Whether it is with close friends and family or you would simply enjoy some time to yourself, get away from it all with a dedicated spa break – a true indulgence.

### Two-Night Revitalising Spa Break

Breathe in for two ... out for two..... And stay with us for two relaxing nights, more time to completely unwind, rest and reset.

During your two night Revitalising Spa Break enjoy a peaceful 55 minute treatment, afternoon tea or a two course spa lunch, plus a selection of seasonal food and drink and full use of the hotel facilities

#### Choose from:

- Luxury Facial
- Full Body Massage
- Face and Body Combo (express facial + back, neck and shoulder massage)
- Classic Pedicure
- Luxury Manicure
- Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)
- Pregnancy Facial
- Pregnancy Massage

**Plus**, either afternoon tea or a two course spa lunch

£39 allocation towards dinner per person

**Monday to Sunday from £421 per person\***

Treatment Duration: 55 minutes\*\*

Available Monday - Sunday subject to availability

\*Price based on two people sharing a Classic double or twin bedroom.

Single occupancy supplements apply

\*\*Treatment time includes spa consultation, & treatment





## Spa Days

Each of our specially curated spa days has been put together with you in mind. If you're seeking to relax, refresh or revive, we have the perfect experience.

If any of these sound like the ideal way to treat someone special, why not purchase one as a gift voucher?

### Hand Picked 'Just For You' Spa Day

Our ultimate spa day experience, tailor made exactly to your preference. Two sumptuous hours of treatments from our spa brochure plus a breakfast basket, afternoon tea or spa lunch, a chilled glass of Champagne, full use of our spa facilities and a spa gift!

Arrive at the spa and enjoy your breakfast basket and refreshments. Let your very own 'Personal Spa Therapist' guide you through two hours of sumptuous treatments bespoke to your every need. Whether you're looking to feel relaxed and de-stressed or wanting to return refreshed and rejuvenated this is the perfect treat.

Your day will also include a traditional afternoon tea or our spa lunch - the choice is yours. And to top it all off, a glass of chilled Champagne and a spa gift (value £25) especially for you, so you can even continue your spa experience at home.

**Monday to Thursday from £215**

**Friday & Sunday from £250**

**Saturday from £260**

Available Monday - Sunday

Treatment Duration: 115 minutes\*\*

\*Customers will receive a personal call from the spa to plan and tailor-make their two hour treatment experience.

\*\*Treatment time includes spa consultation, & treatment

### Perfect Treat Champagne Spa Day

This spa day really is the perfect way to treat yourself or someone special. Enjoy the choice of two of our 'guests' favourite' treatments plus afternoon tea or spa lunch, full use of our country house hotel spa facilities and a chilled glass of Champagne.

#### Choose from:

Luxury Facial

Full Body Massage

Face and Body Combo (express facial + back, neck and shoulder massage)

Classic Pedicure

Luxury Manicure

Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)

#### And, one 25 minute treatment from the following options:

Back, Neck and Shoulder Massage

Express Facial

Full Body Salt Scrub

File and Polish for fingers

File and Polish for toes

Complete your day with a chilled glass of Champagne and either afternoon tea or our spa lunch.

**Monday to Thursday from £165**

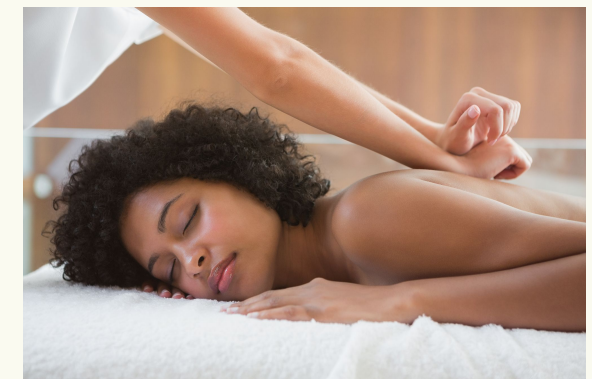
**Friday & Sunday from £190**

**Saturday from £210**

Available Monday - Sunday

Treatment Duration: 85 minutes\*\*

\*\*Treatment time includes spa consultation, & treatment



## Spa Days

Each of our specially curated spa days has been put together with you in mind. If you're seeking to relax, refresh or revive, we have the perfect experience. If any of these sound like the ideal way to treat someone special, why not purchase one as a gift voucher?

### Pure Indulgence Afternoon Tea Spa Day

Choose a luxurious 60 minute treatment from a selection of six, as well as enjoying full use of our country house hotel spa facilities and a traditional afternoon tea or our spa lunch/bento box. The perfect day out!

#### Choose from:

Luxury Facial

Full Body Massage

Face and Body Combo (express facial + back, neck and shoulder massage)

Classic Pedicure

Luxury Manicure

Body and Massage Combo (full body salt scrub + back, neck and shoulder massage)

Completed by either afternoon tea or our spa lunch

**Monday to Thursday from £140**

**Friday & Sunday from £155**

**Saturday from £165**

Available Monday - Sunday

Treatment Duration: 55 minutes\*\*

\*\*Treatment time includes spa consultation, & treatment



### Twilight Spa Experience

Relax and wind down in the latter part of the day with a 60 minute treatment of your choice, plus full use of our country house hotel spa facilities. This experience also includes a £20 food and drinks voucher to use at the end of your day in either the hotel bar or lounge

#### Choose from:

Luxury Facial

Full Body Massage

Face and Body Combo (express facial + back, neck and shoulder massage)

Classic Pedicure

Luxury Manicure

Body and Massage Combo (a full body salt scrub + a back, neck and shoulder massage)

Pregnancy Facial

Pregnancy Treatment/Massage

Fingers and Toes Combo

PLUS a £20 food and beverage voucher to use on the same day in the hotel bar and lounge.

**Monday to Thursday from £135**

Treatments available Monday - Thursday between 3pm - 7pm

Treatment Duration: 55 minutes\*\*

+Treatment times available may vary from day to day - subject to availability at time of booking.

\*\*Treatment time includes spa consultation, & treatment



## Touch Facials

Whether you are looking for glowing skin for a special occasion or you need a complete skin overhaul, below are a selection of the most pioneering facial techniques and relaxing treatments offering the most impressive results.

### Anti-Ageing Facials

#### **ELEMIS EXPERT™ Touch Renew Facial**

##### **Hydrate, Lift & Firm**

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm.

**55 minutes - £95**



### Skin Specific/Prescriptive Facials

#### **[COMFORT ZONE] Remedy Facial**

An innovative, fortifying approach to sensitive, delicate skin. With a Prebiotic from sugar beets, promoting cutaneous resilience, and Marula Oil, this facial calms skin discomfort, relieves neuroinflammation and reinforces the skin's defence.

**55 minutes - £95**

#### **ELEMIS EXPERT™ Touch Nourish Facial**

##### **Cleanse, Rebalance & Revive**

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived.

**55 minutes - £95**

#### **ELEMIS EXPERT™ Touch Reveal Facial**

##### **Resurface, Smooth & Glow**

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

**55 minutes - £95**

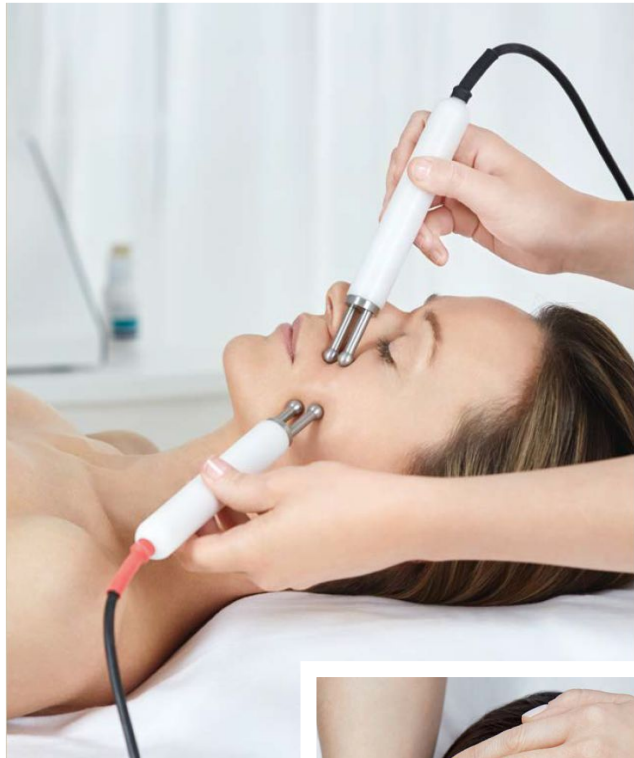
#### **ELEMIS EXPERT™ Touch Express Facial**

For a powerful skin recharge, this facial will bring back the glow to tired, dull and lifeless complexions. For skin in need of a super saturating moisture boost, this thirst-quenching facial is perfect.

**25 minutes - £65**

## Technology Facials

ELEMIS BIOTEC facials use the pioneering innovation of the BIOTEC machine to switch the skin back on, increasing its natural cellular energy. Your therapist will advise you of the most suitable Biotec facial for your skin type.



## Anti-Ageing Technology

### **ELEMIS Biotec Pro Glow Smooth Facial+**

#### THE ULTIMATE HIIT WORKOUT FOR YOUR SKIN

Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin.

Skin will appear more vibrant, with improved feeling of firmness and elasticity.

**55 minutes - £95**

## Skin Specific/Prescriptive Technology

### **ELEMIS Biotec Pro Glow Brilliance Facial+**

#### YOUR RECIPE FOR RADIANCE

Turn up the brightness with our double cleanse to melt away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

**55 minutes - £95**



### **ELEMIS Biotec Pro Glow Resurface Facial+**

#### RESURFACING FOR STUNNINGLY SMOOTH SKIN

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed

**55 minutes - £95**

## Massage

Our massage treatments are perfect for deep relaxation or for targeting tense areas. Our expert therapists utilise the latest products from leading brands to enhance your experience.

### Massage

#### **ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage**

Renewed, Focused & Grounded

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused.

**55 minutes - £100**

**25 minutes - £70**

#### **Traditional Full Body Massage**

A traditional massage designed to ease tension, relieve stress and promote a general state of well being

**55 minutes - £100**

#### **Traditional Back, Neck & Shoulder Massage**

A deeply therapeutic massage focusing on the aches and pains of the back and eliminating tension knots in the shoulders.

**25 minutes - £70**

### Heat Treatments

#### **ELEMIS EXPERT™ Transformative Hot Stone Massage**

Soothe, Relax & Revive

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Frangipani Monoï Body Oil to soothe a tired mind and relieve aching muscles.

**55 minutes - £110**

**Add Stones to any massage 15 minutes - £10**



## Body Treatments

### Rituals, Scrubs & Wraps

#### **Elemis Frangipani Body Nectar Nourishing Wrap**

Nourishing Frangipani Wrap

The velvety texture of the monoi oil offers super-hydration, quenching thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

**55 minutes - £95**

#### **[COMFORT ZONE] Tranquillity™ Pro-Sleep Ritual**

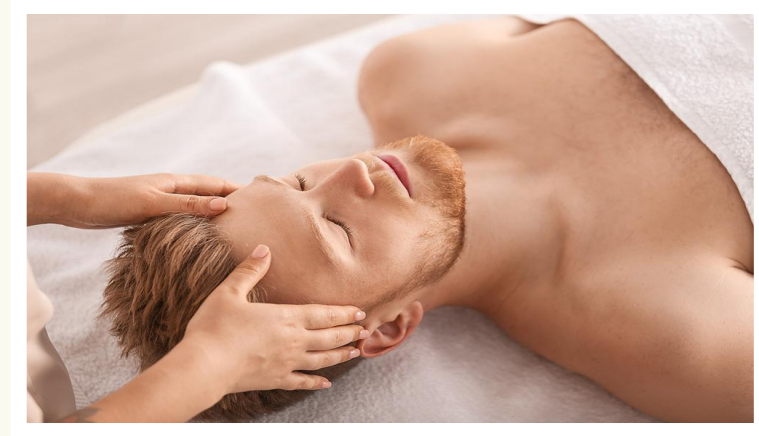
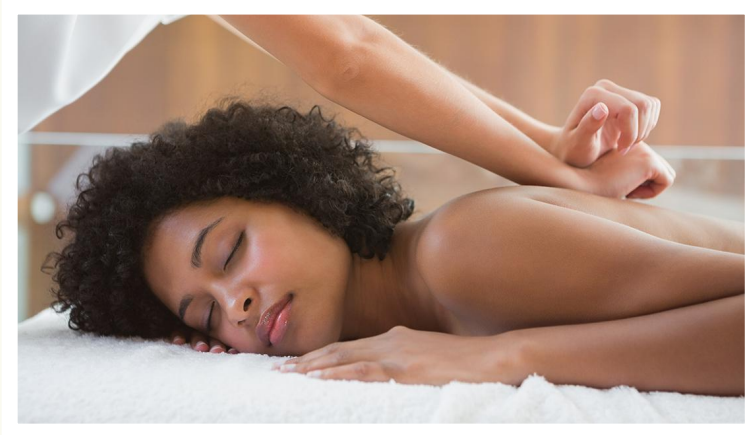
Inspired by the Indonesian Sea Malay Massage, this exceptional massage ritual acts in synergy with our Tranquillity™ Sound and Essential Oil Blend to effectively induce a state of deep rest & wellbeing.

**55 minutes - £95**

#### **Elemis Intensely Cleansing Salt Scrub**

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Choose between lime and ginger or frangipani.

**25 minutes - £65**



### Speciality Treatments

#### **Indian Head Massage**

Stimulate the body and mind and help reduce the symptoms of tension by relaxing the muscles and alleviating emotional strain.

**25 minutes - £65**

## Combination Treatments

### Full Body Massage & Luxury Facial Combo Treatment

This treatment includes a deeply relaxing and stress melting full body massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibility bright and smooth. Our luxury facial includes- cleanse, tone, facial massage, exfoliation and mask.

**115 minutes - £176**

### Luxury Facial & Back, Neck, Shoulder Massage Combo Treatment

This treatment includes a deeply relaxing and stress melting neck, back and shoulder massage followed by a luxury facial individually tailored to your own skin needs leaving your skin hydrated, visibility bright and smooth. Our luxury facial includes- cleanse, tone, facial massage, exfoliation and mask.

**85 minutes - £153**

### Full Body Massage & Express Facial Combo Treatment

This treatment includes a relaxing full body massage which will be focused on the areas where you are suffering from aches, pains and tensions followed by an invigorating prescriptive facial to include a cleanse, tone, exfoliation and mask leaving your skin glowing and hydrated.

**85 minutes - £153**



### Face & Body Combo Treatment

The perfect pick me up facial which includes a cleanse, tone, exfoliation and mask combined with a classic back, neck and shoulder massage. This massage includes traditional massage techniques to help relieve muscular tension in areas which are known to be the most common areas to retain the effects of stress.

**55 minutes - £95**

### Body Scrub & Massage Combo Treatment

A mixture of essential oils will exfoliate and moisturise the whole body, leaving the skin feeling refreshed and toned. This is followed by a classic back, neck and shoulder massage which incorporates traditional massage techniques to help relieve muscular tension in areas which are known to be the most common to retain the effects of stress.

**55 minutes - £95**

### Massage and Shape & Polish Combo Treatment

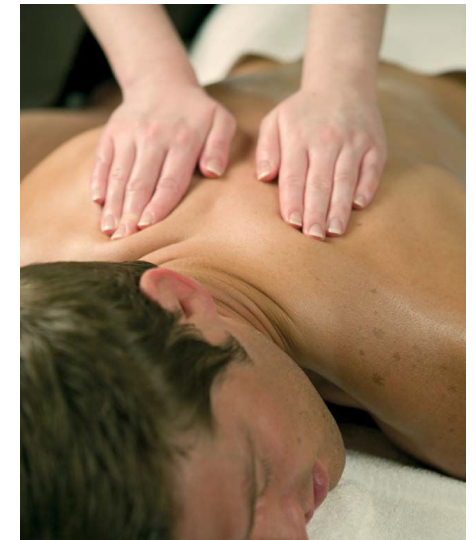
A classic back, neck and shoulder massage which incorporates traditional massage techniques to help relieve muscular tension as well as re-shaping of the nails and varnish. (fingers or toenails)

**55 minutes - £95**

### Fingers and Toes Combo Treatment

For those who are short of time, a quick pick-me-up to leave your fingers and toes perfectly groomed. This includes re-shaping of both the finger and toenails, plus varnish for well-maintained nails. Please bring open toe shoes.

**55 minutes - £68**



## Pregnancy Treatments

### **ELEMIS EXPERT™ Peaceful Pregnancy Massage**

Nature, Restore, Calm

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm. Suitable for all 'mothers to be' from 13 weeks of pregnancy.

**70 minutes - £100**

Treatment time includes 10 minutes for relaxation and recuperation.

### **Elemis Pregnancy Facial**

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester, gently. This facial will leave your skin, soft, nurtured and revitalised.

Suitable for all 'mothers to be' from 13 weeks of pregnancy.

**55 minutes - £95**

**25 minutes - £65**



## Hands & Feet

### Luxury Pedicure

A restorative blend of moisturising Aloe Vera, calming Thyme, antioxidant Rosemary and soothing Icelandic Moss, with a clean fragrance of Lemon and Green Tea to help lift the sole. Feet drink in all the benefits of the Classic Pedicure, plus the additional indulgence of a deeply rich and nourishing foot mask and rejuvenating foot and lower leg massage & thermal booties for deeper penetration of oils and creams.

**70 minutes - £68**

### Luxury Manicure

Blended products with active ingredients including; antioxidant and brightening Blueberry, Rosemary and Vitamin C plus nourishing Shea Butter, Argan Oil and Aloe Vera, with a calming signature fragrance of Bergamot, Earl Grey and Cucumber for added sensorial bliss. Hands drink in all the benefits of the Classic Manicure with the additional indulgence of a rich hand mask, heavenly hand & forearm massage and thermal mittens for deeper penetration.

**55 minutes - £58**

### Classic Pedicure

Feet are cleansed and exfoliated, with hard skin removed and cuticles made neat and tidy. Feet and ankles are massaged with conditioning creams. Nails are analysed, shaped, then treated with a prescriptive base coat, before the final flourish of your chosen colour polish and high shine top coat to finish.

**55 minutes - £58**

### Classic Manicure

Hand reviving exfoliation, moisturising massage and cuticles made neat and tidy. Nails are analysed, shaped, then treated with a prescriptive base coat, before the final flourish of your chosen colour polish and high shine top coat to finish.

**40 minutes - £53**

### Shape & Polish For Fingers

Achieve extra protection extra fast. Hands are cleansed and conditioned, and cuticles moisturised. Nails are beautifully shaped and treated with a prescriptive base coat, before the final flourish of your chosen colour polish and high shine top coat to finish.

**25 minutes - £35**

### Shape & Polish For Toes

Get pedi-ready in an instant. Feet are cleansed and conditioned, with hard skin removed and cuticles moisturised. Nails are trimmed and tidied, then treated with a prescriptive base coat, before the final flourish of your chosen colour polish and high shine top coat to finish.

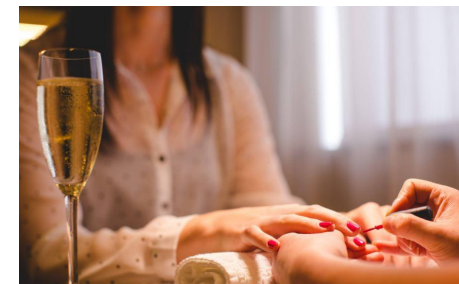
**25 minutes - £35**

### Gel Nails

The next generation in manicure and pedicure. A gel formula that is painted onto the nails giving strength, protection and long-lasting colour. Nails dry instantly.

GEL Removal and Pedicure	<b>70 minutes - £73</b>
GEL Removal and Manicure	<b>70 minutes - £68</b>
GEL Pedicure	<b>55 minutes - £63</b>
GEL Manicure	<b>40 minutes - £58</b>
GEL Removal	<b>25 minutes - £20</b>

*\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore strongly recommend you call the spa direct prior to making a booking*



## Gift Vouchers

We offer a wide range of spa gift vouchers perfect for her, for him or for them. Visit the spa reception to create and purchase tailored and personalised vouchers for your loved ones, as well as beautiful gift sets.

You can also discover gift experiences online at [handpickedhotels.co.uk/giftvouchers](https://handpickedhotels.co.uk/giftvouchers)

Spa monetary gift vouchers from £25

Spa treatment gift vouchers from £80

Spa day gift vouchers from £105

Spa break gift vouchers from £203 per person

[Take a virtual tour](#)

[Watch our spa FAQ video](#)

[Watch our spa day video](#)

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— HEALTH CLUBS & SPAS —

