



# SPA TREATMENTS

RHINEFIELD HOUSE  
HOTEL

If you are currently staying with us and wish to book a treatment, please call extension number 690 from your bedroom and we would be happy to assist you.

## Face

### Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

### Anti-Ageing Facials

ELEMIS EXPERT™ Touch Renew Facial 55 mins £100

### Skin Specific/Prescriptive Facials

ELEMIS EXPERT™ Touch Nourish Facial 55 mins £100

ELEMIS EXPERT™ Touch Reveal Facial 55 mins £100

ELEMIS EXPERT™ Touch Express Facial 25 mins £70

### Massage

ELEMIS EXPERT™ 55 mins £100

Deep Tissue Tension-Ease Massage

Traditional Full Body Massage 55 mins £100

ELEMIS EXPERT™ 40 mins £85

Deep Tissue Tension-Ease Massage

ELEMIS EXPERT™ 25 mins £70

Deep Tissue Tension-Ease Massage

Traditional Back Neck & Shoulder Massage 25 mins £70

### Combination Treatments

Full Body Massage & Luxury Facial Combo 115 mins £180

Luxury Facial & Back Neck, Shoulder Massage Combo 85 mins £160

Full Body Massage & Express Facial Combo 85 mins £160

Face & Body Combo 55 mins £100

Body Scrub & Massage Combo 55 mins £100

Massage & Shape and Polish Combo 55 mins £100

Fingers and Toes Combo 55 mins £70

### Heat Treatments

ELEMIS EXPERT™ 55 mins £115

Transformative Hot Stone Massage

ELEMIS EXPERT™ 40 mins £100

Transformative Hot Stone Massage

ELEMIS EXPERT™ 25 mins £85

Transformative Hot Stone Massage

## Body: Scrubs & Wraps

ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub 25 mins £70

ELEMIS Intensely Cleansing Frangipani Salt Scrub 25 mins £70

## Pregnancy

ELEMIS EXPERT™ Peaceful Pregnancy Massage 70 mins £100

\*includes 10 mins for relaxation and recuperation.

ELEMIS Pregnancy Facial 55 mins £100

ELEMIS Pregnancy Express Facial 25 mins £70

\*Suitable for all mothers-to-be from 13 weeks of pregnancy.

## Additions

Subject to availability.

ADD Theargun Massage 15 mins £25

ADD Scalp Massage 15 mins £25

ADD Hot Stone Massage 15 mins £25

ADD Skin Boost (Double Cleanse & Mask) 15 mins £25

## Speciality

Reflexology 55 mins £100

Sports Massage 56 mins £100

Sports Massage 25 mins £70

Indian Head Massage 25 mins £70

## Hands & Feet

Luxury Pedicure 70 mins £65

Classic Pedicure 55 mins £60

Luxury Manicure 55 mins £60

Classic Manicure 40 mins £55

Shape and Polish for Toes 25 mins £40

Shape and Polish for Fingers 25 mins £40

\*Please bring open toe shoes to wear after your pedicure.

## Gelation Nails

GEL Pedicure 55 mins £65

GEL Manicure 40 mins £60

GEL Removal 25 mins £20

\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.

For terms and conditions, opening times, cancellation policy and other useful information visit [handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

**All prices include VAT at 20% and may be subject to change.**

## Rhinefield House Hotel

[handpickedhotels.co.uk/rhinefieldhouse](http://handpickedhotels.co.uk/rhinefieldhouse)

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*Hand*PICKED  
HOTELS