



# SPA TREATMENTS

ROOKERY HALL  
HOTEL & SPA

If you are currently staying with us and wish to book a treatment, please call extension number 333 from your bedroom and we would be happy to assist you.

## Face

### Touch Facials

Hands-on facial treatments use touch as a powerful diagnostic tool, softening and prepping the skin to receive active ingredients. This is where intuition meets expertise.

### Anti-Ageing Facials

ELEMIS EXPERT™ Touch Define Facial	85 mins	£145
[comfort zone] Sublime Skin Deluxe Lift Facial	70 mins	£117
ELEMIS EXPERT™ Touch Renew Facial	55 mins	£90
[comfort zone ] Sublime Skin Active Lift Facial	55 mins	£90
[comfort zone ] Sublime Skin Double Peel Facial	55 mins	£90
[comfort zone ] Luminant - 3 Bright Facial	55 mins	£90

### Skin Specific/Prescriptive Facials

(Tailored by your therapist)

[comfort zone] Recover Touch Facial	55 mins	£90
[comfort zone] Remedy Facial	55 mins	£90
[comfort zone] Active Pureness Facial	55 mins	£90
[comfort zone] Hydra Glow Facial	55 mins	£90
ELEMIS EXPERT™ Touch Nourish Facial	55 mins	£90
ELEMIS EXPERT™ Touch Reveal Facial	55 mins	£90
[comfort zone] Express Facial	25 mins	£65
ELEMIS EXPERT™ Touch Express Facial	25 mins	£65

### Massage

[comfort zone ] Aromasoul Elements Massage	55 mins	£90
[comfort zone ] Tranquillity Pro-Sleep Ritual	55 mins	£90
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	55 mins	£90
Traditional Full Body Massage	55 mins	£90
[comfort zone ] Back Ritual	55 mins	£90
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	40 mins	£78
ELEMIS EXPERT™ Deep Tissue Tension-Ease Massage	25 mins	£65
Traditional Back Neck & Shoulder Massage	25 mins	£65

### Combination Treatments

Full Body Massage & Luxury Facial Combo	115 mins	£164
Luxury Facial & Back Neck, Shoulder Massage Combo	85 mins	£145
Full Body Massage & Express Facial Combo	85 mins	£145
Face & Body Combo	55 mins	£90
Body Scrub & Massage Combo	55 mins	£90
Massage & Shape and Polish Combo	55 mins	£90
Fingers and Toes Combo	55 mins	£90

## Heat Treatments

ELEMIS Poultice-Powered Muscle Release	55 mins	£100
ELEMIS EXPERT™ Transformative Hot Stone Massage	55 mins	£100
ELEMIS EXPERT™ Transformative Hot Stone Massage	40 mins	£88
Hot Stones Upgrade	15 mins	£10

## Body: Rituals Scrubs & Wraps

[comfort zone ] Himalayan Salt Ritual	55 mins	£90
[comfort zone ] Tranquillity Pro-Sleep Ritual	55 mins	£90
ELEMIS Intensely Cleansing Lime & Ginger Salt Scrub	25 mins	£65
ELEMIS Intensely Cleansing Frangipani Salt Scrub	25 mins	£65

## Pregnancy

ELEMIS EXPERT™ Peaceful Pregnancy Massage	70 mins	£90
*includes 10 mins for relaxation and recuperation		
[comfort zone] Pregnancy Facial	55 mins	£90
*Suitable for all mothers-to-be from 13 weeks of pregnancy		

## Speciality Treatments

Indian Head Massage	25 mins	£65
Rasul Mud Treatment	40 mins	£45

## Hands & Feet

Luxury Pedicure	70 mins	£65
Classic Pedicure	55 mins	£60
Luxury Manicure	55 mins	£60
Classic Manicure	40 mins	£55
Shape and Polish for Toes	25 mins	£35
Shape and Polish for Fingers	25 mins	£35
*Please bring open toe shoes to wear after your pedicure		

## Gel Nails

GEL Removal and Pedicure*	70 mins	£75
GEL Removal and Manicure*	70 mins	£70
GEL Pedicure	55 mins	£65
GEL Manicure	55 mins	£60
GEL Shape and Polish	40 mins	£40
GEL Removal*	25 mins	£20

\*Removal of soft gels only i.e brush on gels/soak off gels. We are not able to remove hard gels or acrylics requiring specialist equipment. If unsure we therefore recommend you call the spa directly before making a booking.

For terms and conditions, opening times, cancellation policy and other useful information visit [handpickedhotels.co.uk/spa-termsandconditions](http://handpickedhotels.co.uk/spa-termsandconditions)

**All prices include VAT at 20% and may be subject to change.**

## Rookery Hall Hotel & Spa

[handpickedhotels.co.uk/rookeryhall](http://handpickedhotels.co.uk/rookeryhall)

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