

A Brief History of Afternoon Tea

Tea consumption increased during the early 19th century (early 1840s) around the time that Anna, Duchess of Bedford is said to have complained of a “sinking” feeling during late afternoon.

At this time, it was usual to take only two meals a day: breakfast in the morning and dinner at around 8 pm. The solution for the Duchess was to have a pot of tea and a light snack taken privately in her boudoir during the afternoon.

Later, she invited her friends and before long, this practice proved so popular that all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

Tea Selection

English Breakfast

Robust, malty black tea blend of Assam and Ceylon

Earl Grey

Delicate black tea with citrus bergamot aroma

Afternoon Tea

Darjeeling and Ceylon black tea blend, ideal with scones

Ceylon Decaf

Full-bodied, Spicy decaf Ceylon black tea

Lung Ching

Medium-bodied green tea with sweet, toasty notes

White Jasmine & Apricot

White and green tea with apricot, Jasmine, and ginger

Rooibos Orange & Cactus Fig

Rooibos blend with papaya, orange, and fig notes

Whole Leaf Peppermint

Premium whole peppermint leaves with crisp menthol freshness

Chamomile Flowers

Calming chamomile tea soothes nerves and digestion

Very Berry

Vivid berry and papaya fruit tea with hibiscus tartness

Lemon & Ginger

Refreshing lemongrass, lemon peel, and ginger blend

AFTERNOON TEA MENU

STANBROOK ABBEY
HOTEL

Traditional Afternoon Tea

Roast ham and wholegrain mustard mayonnaise
Severn & Wye Valley smoked salmon,
chive cream cheese, cucumber
Worcestershire cheddar cheese savoury,
spring onion and chives
Truffled egg mayonnaise, watercress
Chorizo sausage roll, red pepper jam

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Warm homemade plain and fruit scones
Homemade strawberry jam, Cornish clotted cream

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Blood orange matcha cake
Apple and nutmeg cheesecake
Passion fruit and coconut biscuit
Millionaire choux bun

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£32 per person

Champagne Afternoon Tea

For the height of decadence, add a chilled glass of
Bruno Paillard Champagne (125ml) to your
Traditional Afternoon Tea order.

£45 per person

Children's Afternoon Tea

Worcestershire cheddar cheese savoury,
spring onion and chives
Egg mayonnaise
Roasted ham and cucumber
Warm homemade plain scones, strawberry jam,
Cornish clotted cream
Lemon and raspberry cake truffle
Chocolate and caramel biscuit sandwich
'Knickerbocker glory'

£16 per person

Plant-Based Afternoon Tea (Sample)

Cream cheese and cucumber
Sundried tomato and avocado
Plant-based pesto, pepper and salad leaves
Cheese and chutney
Bruschetta

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Warm homemade plain and fruit scones,
Strawberry jam, vanilla 'cream'

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Toffee apple sponge cake
Coconut and lime rice pudding
Vanilla cheesecake
Date and orange truffle

£32 per person

Non-Containing Gluten Afternoon Tea (Sample)

Roast ham and wholegrain mustard mayonnaise
Severn & Wye Valley smoked salmon, chive cream cheese,
cucumber
Worcestershire cheddar cheese savoury, spring onion and chives
Truffled egg mayonnaise, watercress
Bruschetta

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Warm homemade plain and fruit scones,
Strawberry jam, clotted cream

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Caramel popcorn chocolate brownie
Toffee apple sponge cake
Mixed berry pavlova
Coconut and lime rice pudding

£32 per person

Cream Tea

Homemade warm plain and fruit scones with strawberry jam and
Cornish clotted cream. Served with your choice of freshly brewed
tea or coffee.

£12.50 per person

We are happy to cater to specific dietary requirements with advance notice.
Please let a member of the team know if you have any allergies or
intolerances, and we will work with you to provide a suitable menu.

This is a sample menu only. A 12.5% service charge will be added to your bill.
All our food is prepared in a kitchen where nuts, gluten, and other allergens are
present, and our menu descriptions do not include all ingredients. If you require
more information about allergens, please ask a member of the team. Prices are
inclusive of VAT at the current rate. Adults need around 2,000 kcal per day.