

# WOODLANDS PARK

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HOTEL

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## BAR & LOUNGE

*Available from 11:00am - 9:30pm*  
*Cold sandwiches available 24 hours*  
*Children's menu available upon request*



**APPETISERS -  
£7 EACH OR 3 FOR £18**

**Nocellara olives (vg)**  
(86 Kcal)

**Padron peppers (vg)**  
Sherry vinegar, smoked paprika (80 Kcal)

**Grilled artichokes (vg)**  
Hummus and smoked paprika (452 Kcal)

**Focaccia bread (ve)**  
Balsamic and olive oil (325 Kcal)

**Frito misto**  
Crispy fried squid, king prawn and sprats with saffron aioli (387 Kcal)

**Woodland's Park sausage roll**  
Beetroot ketchup (341 Kcal)

**White Wine 250ml**  
Le Coste Trebbiano Di Romagna, Italy, £13

Catena Chardonnay, Argentina, £15

**Red Wine 250ml**  
Raccolto A Mano, Italy, £13

Catena Malbec, Argentina, £16

Journey's End Shiraz, South Africa, £18

**Bottled Beer 330ml**  
Estrella Damm Lager, £6

Peroni Nastro Azzuro, £5.85

Birra Moretti, £5.50

Heineken 0%, £5.50

**SANDWICHES**

*Sandwiches served with crisps and salad garnish  
(\*Cold items available 24/7)*

**Grass-fed minute steak ciabatta £18**  
Raclette cheese, Kingfisher Farm watercress, red wine dip (684 Kcal)  
Can only be cooked pink or well done

**Grilled Red Tractor chicken tortilla wrap £13**  
Caesar dressing, gem lettuce, parmesan and pancetta (742 Kcal)

**Oak and beech Scottish smoked salmon bagel\* £13**  
Dill cream cheese, pickled cucumber and Kingfisher Farm watercress (635 Kcal)

**Smoked Applewood cheddar and tomato chutney sandwich\* (ve) £10**  
White or brown bloomer bread (816 Kcal)

**Sussex ham sandwich\* £10**  
Kingfisher Farm watercress and horseradish. White or brown bloomer bread (603 Kcal)

**Falafel and hummus toast (ve) £13**  
Red cabbage, mint, lime, grilled flatbread and fennel (682 Kcal)

**Hog's Back brewery - 500ml bottle**  
Hazy Hog Cider or Hogs Back Ale: T.E.A, £7

A discretionary service charge of 12.5% will be added to your bill. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients. If more information about allergens is required, please ask a member of the team.  
Prices inclusive of VAT at current rate.  
Adults need around 2000 kcal per day.

## HOT BEVERAGES

Espresso (Kcal 0) £4

Americano (Kcal 0) £4

Latte (Kcal 97) £4

Cappuccino (Kcal 65) £4

Hot Chocolate (Kcal 307) £4

All hot beverages come with a biscuit (Kcal 68) containing gluten

Coffee:

Our coffee bean provider, Peak & Wild, partners with the John Muir Trust to support the restoration of Scotland's rainforest. Their goal is to save over 1000 hectares of Scotland's rainforest over 3 years and to help 2500 young people across the UK & Ireland to achieve their John Muir Award.

Camellia's Tea:

Check that sustainable methods of farming are implemented and source teas from gardens accredited by organisations such as the Rainforest Alliance, UTZ and Ethical Tea Partnership

Our fish and seafood are only purchased from suppliers who use sustainable sources.

## SOFT DRINKS

Fresh orange juice £1.95

Fresh apple juice £1.95

Cranberry juice £1.95

## THE MAIN EVENT

**Woodlands Park cheese and bacon burger £18**  
Brioche bun, tomato, lettuce, pickle and French fries (1468 Kcal)

**Plant-based burger (vg) £18**  
Grilled pepper, tomato, lettuce, pickle and French fries (826 Kcal)

**Hogs Back Brewery battered fish and chips £19**  
Crushed minted peas, tartare sauce and lemon (774 Kcal)

**Red Tractor butterfly chicken breast £16**  
Salsa Verde, asparagus and Jersey Royals (561 Kcal)

**10oz Sirloin steak £29**  
Surrey Farm vine tomatoes, warm potato salad, peppercorn sauce (1118 Kcal)

## PIZZA 12 INCH HAND-STRETCHED, STONE-BAKED

**Classic Margherita (ve) £16**  
(691 Kcal)

**Carne £18**  
Salami, Parma ham, mozzarella, parmesan and rocket (1064 Kcal)

**Verde (ve) £18**  
Grilled English Asparagus, artichoke, olives and Padron pepper (836 Kcal)

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## SIDES

**Hand cut chips**  
(253 Kcal)

**French fries**  
(455 Kcal)

**Rocket and parmesan salad**  
(198 Kcal)

**Broccoli, garlic, lemon and chilli**  
(137 Kcal)

## SALADS

**Grilled Red Tractor chicken Caesar salad £8/£16**  
Anchovy, parmesan, focaccia crouton and pancetta  
(Kcal 575/1001)

**Ancient grains and seeds (vg) £7/£14**  
Charred broccoli, pomegranate, broad bean, mint,  
lime and harissa spiced hummus (Kcal 400/952)

**Grilled Hampshire chalk stream trout £8/£16**  
Baby gem wedge spiced avocado, tarragon dressing  
(Kcal 436/701)

**Puglia burrata tomato (ve) £13**  
Basil, olive oil crisp focaccia (Kcal 364)

**Grilled asparagus (vg) £12**  
English asparagus spears, lemon and thyme dressing,  
mesclun salad (Kcal 360)

Served in small or large portion sizes

## DESSERTS

**Chocolate brownie £7**  
Vanilla ice cream, Dulche de Leche (818 Kcal)

**Eton Mess £6**  
(611 Kcal)

**Compressed pineapple (vg) £6**  
Passion fruit sorbet (169 Kcal)

**Ice cream or sorbets (ve) £3 per scoop**  
Chef's flavours of the day (217 Kcal)



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